

Best Practice

“Health Awareness Program”

Objectives of the practice

- 1.To create awareness on various health or wellness related topics among students and public.
- 2.Sensitizing girls and women about their health.
- 3.To support girls and bring awareness on menstrual and gender related issues
4. To create awareness among the parents regarding girls early marriages to avoid health and medical issues.

The context-

Our college students are from utmost rural areas. Those students do not know about diet and health. Therefore, it has become more important to monitor the health of students. Due to the growth of consumer society and environmental pollution, students are one of the most vulnerable groups, who face a certain amount of negative changes. At the same time, there is a dirty settlement around the college. There is no health awareness among the people there. Therefore, it is very important to create public awareness about health among the students in the college and in the locality. If we develop an interactive Health Awareness system that would teach the students about health consciousness, we would be able to make the students aware of healthy food life style.

Practice-

1.Programs of Blood donation and Health Checkup Camp- To create healthy atmosphere and awareness programmes, the institute organised Free blood donation camps and Health checkup camp on regular basis.

2. Covid-19 related practice- Public awareness was created in the society about Covid-19 through street plays, pamphlets, lectures. Simultaneously, 1000 masks of N95 were distributed by students from village to village. The institute was an authorised Covid-19 Centre with 20 beds and Vaccination camp was organized in the college. Special funds for Corona were donated to the Government of Maharashtra. Our staff members also worked as a Corona Warriors.

3. Programs on Women's Health - Women's health is being neglected due to society's customs, traditions, superstitions, lack of medical facilities and neglect of personal health. The prevalence of the disease is increasing among women. Therefore, lectures on women's health and daily diet are organized in the college, haemoglobin test, nutrition chart information, distribution of iron medicines, physical performance test of girls, medical test are conducted.

4. Programs on Yoga- Yoga is essential for all-round improvement and intellectual development such as health, peace of mind, personality development, morality. For this, programs like webinars, seminars, Certificate course, lectures, quiz, Surya namaskar, physical ability test of student are conducted in the college.

Evidence of success-

With a view to improve awareness a series of lectures organized on yoga, women health, Covid -19, healthy food etc. have been taken up to spread the message of prevention and promotion of health through wellness practice throughout the year. Student also participate in health awareness program and also yoga programs. This consciousness in the students community is looking towards more and more success.

Problems Encountered and Resources Required

1. Dealing with different people, adapting to change and keeping people motivated are universal challenges face in any program.
2. Women and girls in rural areas are not ready to tell about the disease.
3. Poverty is a major obstacle to obtaining a nutritious diet.

HEALTH CHECK UP CAMP



संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती संलग्नित
सरस्वती कला महाविद्यालय, दहिहांडा, ता. जि. अकोला

भारत रोग निदान शिबीर

**रविवार,
दि. १४ फेब्रु.
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**वेळ : सकाळी
१० ते ३
वाजे पर्यंत**

**सोशल
डिस्टन्सींग,
मास्क
अनिवार्य**

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ब्लड, शुगर टेस्ट २०/- रु. मध्ये

नेत्र रोग तज्ञां द्वारे डोळ्याची तपासणी

**प्रत्येक तपासणीची
फी २०/- रुपये फक्त**

गरजूंना वेळेवर मोफत शुगर आणि हिमोग्लोबीनची तपासणी केली जाईल

आरोग्य शिबीरामध्ये नांव नोंदणी करीता खालील नंबरवर संपर्क करावा

9850695920, 9860886012, 9822223168, 7083712199, 9922090916

HEALTH CHECK UP FOR SOCIETY



HEALTH CHECK UP FOR SOCIETY



2021/2/14 13:37



Latitude: 20.888046
Longitude: 77.132425
Altitude: 218.6 m
Accuracy: 18.4 m
Azimuth: 141° (SE)
Pitch: -5.1° (-0.8°)
Time: 14-02-2021 12:05
Note: Health Checkup Camp

Powered by AngleCam.



2021/2/14 13:45

BLOOD DONATION CAMP



BLOOD DONATION CAMP



COVID-19 ISOLATION CENTER AT COLLEGE DURING LOCKDOWN



HON. MLA SHRI. NITIN DESHMUKH VISITED OUR ISOLATION CENTER AT OUR COLLEGE

COVID VACCINATION AT COLLEGE



HEALTH CHECKUP FOR SOCIETY



CORONA WARRIORS OF OUR COLLEGE



TO WHOM IT MAY CONCERN

This is to certify that Prof. **Dr. Sagar P. Narkhede** of Saraswati Kala Mahavidyalaya, Dahihanda, Akola has provide his service for Survey Regarding Covid-19.

Dates of Survey :- 03/06/2020 to 11/06/2020.

He co-operated sincerely in the peaceful conduction of the Survey. I wish him every success in his future life.

He is relieved on 11/06/2020 at 05.00 pm.

Place :- Akola.

Date:- 11/06/2020.


Sub Divisional Officer
AKOLA.

INTERNATIONAL YOGA DAY CELEBRATION

